

CHILDREN AND YOUTH



real consulting is a private practice locally owned and operated in High River since 2002. The office provides extensive counselling, coaching, and mediation services, as well as specialized counselling and therapy for children and youth ages 6 - 18. Insight and tools are developed through exploring useful strategies to address issues such as:

- Trauma
- Grief and Loss
- Depression
- Anger and Disappointment
- Fear and Uncertainty
- Stress/Anxiety/Confusion
- Disability and Challenges
- Criminal Activity and At Risk Behaviours
- Alcohol and Substance Abuse
- Bullying
- Life Skills and Goal Development
- Relationships

With over 25 years experience working with children and youth, Kim is a certified counsellor, life coach, and a Registered Family Mediator with Alberta Family Mediation Society. Kim uses a variety of tools to help children and youth identify and address their issues while providing them with strategies for the future. Please view Parent Information Package on website www.realconsulting.ca

Please call the *real consulting* office at 403-601-3088 for further information or to book an appointment.

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Family & Business Counselling, Coaching, & Mediation Services

Kim Muscroft-McDonnell B.A. Com. Ed., R.F.M., C.C.P., Family and Divorce Specialty

T: 403-601-3088 C: 403-601-5183 F: 403-601-3090

kim.realconsulting@gmail.com www.realconsulting.ca

