

real consulting

PRESENTS

CONNECTING WITH YOUR TEEN



"Dear Andy: How have you been?
Your mother and I are fine. We miss you.
Please sign off your computer and come
downstairs for something to eat. Love, Dad."

This workshop explores practical tools for parents to develop and maintain a positive relationship with their teen. Discover more about your child, your family structure, and elements influencing it. Draw up a profile, plan a strategy, and develop tools to address issues proactively. Learn about preventative parenting skills useful to "mediate" through resistance and conflict.

Session 1 – Teens: Trying Times

Session 2 – Understanding, Coping & Developing Family Strategies (Traditional Blended, and Single Parent families)

Session 3 – Resiliency for Parents

Session 4 – Mediating Through Conflict for Parents and Youth

Do have an Employment Assistance Program (EAP)? Please inquire.

Location: real consulting office (owned and operated in High River since 2002).

Facilitator: Kim Muscroft-McDonnel, B.A. Com. Ed., R.F.M., C.C.P., Family & Divorce Specialty

All sessions will be tailored to specifically address individual needs.
For more information please call Kim at 403-601-3088 or 403-601-5183.



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Family & Business Counselling, Coaching, & Mediation Services

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