

real consulting

PRESENTS MEN ONLY



This workshop provides opportunities for men to have a deeper understanding of themselves as well as enriching their relationships with others. The workshop explores change; personal, family, work, and business. Each session provides men with practical tools and strategies to be resilient in the face of life's rewarding but often difficult journey.

Week 1- My Role, My Identity, My Life!

Week 2- Being a Man Means?

Week 3- Addressing Issues Exclusive to Men (Understanding Women)

Week 4- Resiliency

Do have an Employment Assistance Program (EAP)? Please inquire.

Location: *real consulting* office (owned and operated in High River since 2002).

Facilitator: Kim Muscroft-McDonnel, B.A. Com. Ed., R.F.M., C.C.P., Family & Divorce Specialty

All sessions will be tailored to specifically address individual needs.
For more information please call Kim at 403-601-3088 or 403-601-5183.



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Family & Business Counselling, Coaching, & Mediation Services

Kim Muscroft-McDonnel B.A. Com. Ed., R.F.M., C.C.P., Family and Divorce Specialty

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