

real consulting

PRESENTS

WOMEN'S ISSUES: BEYOND THE JOURNEY (PART 2)



Beyond the Journey takes women to a place of deeper discovery. Venture into positive decision making; be proactive in reclaiming your life, gaining balance and confidence in your future. Develop strategies to increase personal skills and qualities, emotional and spiritual awareness. In the pursuit of quality and wellness, in all aspects of life: personal relationships, family, work, and activities. Beyond the Journey facilitates creative and practical exploration and discovery.

Session 1 – New Relationships

Session 2 – Beyond Change

Session 3 – Aftermath

Session 4– Resiliency for Women

Do have an Employment Assistance Program (EAP)? Please inquire.

Location: *real consulting* office (owned and operated in High River since 2002).

Facilitator: **Kim Muscroft-McDonnel**, B.A. Com. Ed., R.F.M., C.C.P., Family & Divorce Specialty

All sessions will be tailored to specifically address individual needs.

For more information please call Kim at 403-601-3088 or 403-601-5183.

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Family & Business Counselling, Coaching, & Mediation Services

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